



United Kingdom Psychiatric Pharmacy Group Annual Report 2000-2001

(covering October 2000 to October 2001)

www.ukppg.org.uk

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1. Executive Committees (2000-2001)

1a. UKPPG committee (2000-2001)

Officers:

Chairman: Stephen Bazire, Pharmacy Services Director, Hellesdon Hospital, Norwich NR6 5BE

Vice-Chairman: Celia Feetam, 62, Park Hill, Moseley, Birmingham B13 8DT

Treasurer: Morag Martin, Principal Pharmacist, Gartnavel Royal Hospital, 1055 Great Western Road, Glasgow G12 0XH

Secretary: Alan Pollard, Mental Health Directorate, Newtown Hospital, Worcester WR5 1JG

Members:

Diane Booth, Chief Pharmacist, Fairmile Hospital, Reading Road, Cholsey, Oxfordshire OX10 9HH

Siobhan Drummond, Chelsea & Westminster Hospital, 369 Fulham Road, London SW10 9NH

Graham Newton, Medicine Information Pharmacist, Mossley Hill Hospital, Park Avenue, Liverpool L18 8BU

Graham Parton, Pharmacy, Blackberry Hill Hospital, Manor Road, Bristol BS16 2E

Peter Pratt, Chief Pharmacist, Community Health Sheffield, Michael Carlisle Centre, Osborne Road, Sheffield S11 9BF

Juliet Shepherd, Pharmacy manager, Gloucestershire Royal Hospital, Great Western Road, Gloucester GL1 3NN

Lynn Haygarth, Mental Health Pharmacist, St. Luke's Hospital, Blackmoorfoot Road, Huddersfield HD4 5RQ (co-opted, Bulletin Editor)

Gill Hawksworth, Old Bank Chemist, 54, Old Bank Road, Mirfield, Yorkshire WF14 0JA (co-opted, Community)

David Taylor (ex-officio member, as President of CMHP)

Conference Secretary:

Denny Humphries, 23, Danehurst Road, Wallasey L45 3JJ

Conference Organiser:

Celia Feetam.

1b. College of Mental Health Pharmacists:

President: David Taylor, Chief Pharmacist, Maudsley Hospital, Denmark Hill, London SE5 8AZ

Registrar: Dr. David Branford, Director of Pharmacy, Southern Derbyshire Mental Health NHS Trust, Kingsway Hospital, Derby DE22 3LZ

Treasurer: Sylvia Otter, Pharmacy Clinical Services Manager, Leicester and Rutland Healthcare NHS Trust, Towers Hospital, Leicester LE5 0TD

Secretary: Trudi Hilton, Principal Pharmacist for Mental Health Services, Pharmacy, Ealing Hospital, Uxbridge Road, Middlesex UB1 3EW

Public Relations: John Donoghue, 4, Wrenfield Grove, Liverpool L17 9QD

Ex-officio member: Stephen Bazire as UKPPG Chairman

2. Aims and objectives of UKPPG:

2a. The aim of the UKPPG is:

To ensure best treatment with medicines for people with mental health needs.

2b. The UKPPG believes that:

- Appropriate drug therapy helps treat mental health problems, minimises relapse and reduces suicide
- Mental health pharmacists' aim is the safety of patients, by making sure that people who need drugs get them and take them at the optimum dose, and those that don't need drugs, don't get them
- All mental health service users should have the support of, and access to, independent education and advice about drugs, preferably from a specialist mental health pharmacist.

2c. The objectives of the UKPPG:

The UKPPGs has eleven key objectives. These are as follows, along with details of the activities, achievements and actions over the last year:

1. To promote the highest standards of pharmaceutical practice within the speciality of mental health and learning disabilities

Activities:

- First accredited member of the College of Mental Health Pharmacists

- Annual Conference in October
 - Postgraduate Certificate and Diploma in Psychiatric Pharmacy from Aston University
 - Psychiatry 1 and Psychiatry 2 weekend schools
 - 5th Annual Therapeutics in Learning Disabilities Conference
2. **To promote the role of specialist mental health pharmacists in optimising treatment with medicines, through communication, mentorship, support and dissemination of good practice**
 - Launch of UKPPG PALs (Patient Advice Leaflets) on CD-ROM
 - e-mail discussion group developed
 - Mentorship scheme available
 - Annual Conference
 - Website developed with further examples of good practice
 3. **To lead, promote and encourage research into and development of treatments within mental health**
 - Record number of oral and poster sessions and awards at Annual Conference as an outlet for, and forum for recognition of, such research
 - UKPPG-AstraZeneca Travel Award
 4. **To be the forum for all pharmacists with an interest in mental health**
 - Annual conference established at new venue
 - E-mail discussion group for all members to share and support
 - Development of website
 5. **To inform and guide the Royal Pharmaceutical Society of Great Britain about the pharmaceutical needs of patients with a mental health problem or learning disability**
 - "RPSGB Task Force in mental health" significant input and support from UKPPG members
 - Publicity for UKPPG within RPSGB through increased Bulletin circulation
 - RPSGB Vice-President invited Chairman at Annual Conference in October 2001
 6. **To encourage and promote specialist postgraduate and other education of pharmacists to facilitate improved practice**
 - Aston University Diploma in Psychiatric Therapeutics
 - Aston Certificate in Psychiatric Therapeutics
 - Annual conference
 7. **To develop the College of Mental Health Pharmacists as the accreditation body for specialist mental health pharmacists.**
 - UKPPG funding for 2 years assured
 - Full launch to members June 2001
 - Action plan for 2001-2203
 - First accredited member October 2001
 8. **To work in partnership with other groups, including users and carers, on matters relating to mental health practice**
 - UKPPG registered with NICE as stakeholder in new guidelines, with submission to atypical antipsychotic guidelines
 9. **To develop and monitor standards of pharmaceutical practice in mental health**
 - Postgraduate education
 - Peer support
 - Mentoring scheme
 10. **To promote the role of pharmacists in mental health care**
 - Publicity of UKPPG and members skills to RPSGB and other bodies
 11. **Ensuring a sound financial and organisational structure to support the above ten**
 - Business plan agreed February 2000
 - Additional sponsorship for Conference
 - Income from all sources optimised

3. Annual reports

3a. Chairman's report – Stephen Bazire

The main aims I set for my tenure as Chairman were as follows:

- Set a two-year business plan for the group
- Enhance and further develop the UKPPGs internal and peer support facilities and networks
- Ensure the setting up and establishment of the CMHP, to become a nationally accepted accreditation body
- Raise the level of standard of pharmaceutical care through mutual support, consultation, encouragement and recognising competence

In practice, the plan fell into a number of categories:

1. Internal and peer support
2. External communication
3. Education and training
4. UKPPG Bulletin
5. UKPPG committee organisation

In detail, these were acted upon as follows:

1. Internal support

• Set up the CMHP

The Founders Board was established, a system for accreditation (competencies, portfolio, viva) agreed, publicised, consulted upon and the first member recruited. It is now up to the membership to take the College further.

• Set up a mentorship scheme to facilitate mutual support

This has been established by Peter Pratt, and will need more formal promotion but should play a significant role in the development of the CMHP. The aim will continue to be to end the phrase "I'm isolated".

• Build a base of publications on the website showing what interventions work

This lower priority aim will hopefully be delivered in the 2001-2002 year.

• Dissemination of ideas and documents

The UKPPG website support page now has over 90 documents, guides, protocols and statements. Many thanks to the generosity and openness of those members who donated items for this part of the site.

• e-mail discussion group

The group had 150 members by October 2001, and is established as a highly effective discussion arena and rapid communication tool. Graham Parton continues to manage this successfully

• Annual report to members

Since you're reading this, you'll know that this was achieved for two successive years.

• Clinical pharmacy standards in mental health

Whilst a low priority last year, the committee received requests to raise the priority. Siobhan Drummond thus took on the onerous task of leading the preparation of a new UKPPG Clinical Pharmacy standards document. The final draft was due to be ready in November 2001 and we plan to publish this in 2002.

2. UKPPG external communication

• Main messages about psychiatric pharmacy communicated widely

The Group sought PR advice, and this will be developed over the next year. The groups' main aims, objectives and three key messages have been continued.

• New promotional UKPPG leaflet

This was produced in June 2000 and updated in 2001.

3. Education and training

• Continue to develop the specialist postgraduate Diploma and Certificate and further investigate the possibility of an MSc

The Certificate in Psychiatry Pharmacy continues to develop at Aston University, with the Diploma established. Both are highly successful, mostly due to the tenacity and dedication of Celia Feetam. These qualifications are considerable distinguishing features of psychiatric pharmacy in the UK and continue to lay the foundations for the future. In October, David Taylor was able to announce that an MSc was, despite numerous obstacles, at an advanced stage of development. The Psychiatry 1 (Friday 17th to Sunday 19th November 2000) and Psychiatry 2 (Friday 8th to Sunday 10th June 2001) weekend schools have continued successfully. These are complementary to the Certificate and Diploma.

• Continue to develop Annual Conference

2001 saw the conference at Wokefield in Berkshire for a second year. Denny

Humphries continued as secretary, with Celia Feetam as conference organiser with, of course, support from the committee. We had a record number of full delegates, day delegates, posters and oral presentations, and the general event was extremely successful

- **Management training for pharmacists**

This is planned for 2002-3.

- **Technician training**

The first technician Training day was held on 6th March 2001, and was oversubscribed, with some people even turning up without places. It was considered a great success and will be repeated if resources allow.

4. UKPPG Bulletin

- **Publication**

Lynn Haygarth continued as Bulletin editor (see report 3e later).

- **Bulletin Board**

The Bulletin Board met in December 2001, and a number of developments were finalised.

- **Wider circulation**

The Bulletin is now sent to a range of people in influential positions e.g. RPSGB, politicians, Pharmacy groups, non-Governmental organisations etc. This is to make sure they know of the existence of the UKPPG, that we are enthusiastic and might then remember us when considering issues involving our area of specialism.

5. UKPPG committee

- **Structure**

Previously co-opted Juliet Shepherd and Graham Newton were formally elected, and Siobhan Drummond also elected.

- **Firm financial footing**

UKPPG finances are steady, and although the CMHP will continue to be a significant outgoing, this can be managed within the current structure.

Finally, the activities of the UKPPG committee have been a team effort, with all members actively involved in all the above, and without their hard work, dedication and selflessness little of the above could have been achieved. To name individuals would thus be inappropriate.

3b. Treasurers report – Morag Martin

2000-2001 proved again to be a successful year financially for the group with a current bank balance of £95,000 at November 1st 2001

- Income from training days amounted to £17,830 with expenditure at £12,830 giving a net profit of £5000. Both Novartis and Janssen-Cilag are thanked for their continuing support for the training days
- Patient information leaflets continued to bring in income, with a net profit of £2699
- Membership fees (with around 400 members) brought in £3720
- The success of the above enabled the group to meet all requests for bursaries, one award for the Diploma and eight awards for the Certificate in Psychiatric Pharmacy, to the value of £2500
- The development of the CMHP has been funded with a further £12,000
- The funds have also been used to support the Bulletin with the remaining balance of £4000 being generously donated by AstraZeneca and Organon.
- The Annual Conference 2001 at Wokefield Park has also proved to be a success in financial terms and although final figures are not available yet, a positive balance looks likely. Final figures will be reported in the Annual Accounts, which run from April to April. Thanks are due to the four main sponsors, AstraZeneca, Lundbeck, Eli Lilly and Pfizer, and the other members of the pharmaceutical industry who participated in the Medical Exhibition

3c. Secretaries report – Alan Pollard

Over the last year the committee met 5 times and thanks are extended to Lilly, Pfizer and Lundbeck for supporting these meetings.

The committee has begun to explore a Public Relations Strategy with a professional consultancy firm and a clear agenda is now emerging in this area. For the first time the UKPPG posed three key questions to prospective RPSGB council candidates and published their responses on the UKPPG web site. The UKPPG made a submission to NICE regarding atypical antipsychotics.

The Patient Advice Leaflets (PALs) are now available on CD-ROM and were launched at the conference.

This year was Steve's second and last as chairman. Steve's enthusiasm and drive was an inspiration to us all. There was no committee election this year, as there were four nominations for five places. Morag and Celia continue on the committee for a renewed 3-year period of office, along with Steve. We welcome on to the committee as a new member Wendy Davies from Oxford. The last change is that of secretary. Six years ago, Alan joined the committee on a temporary (co-opted) basis to take minutes and arrange the committee meetings, and has now retired from the committee.

3d. Education report – Celia Feetam

The Postgraduate Certificate and Diploma in Psychiatric Pharmacy offered by Aston University in Birmingham are now well established. Celia Feetam continues as Course Organiser, and Penny Delaney as Course Administrator.

Fifty-four students now have successfully completed the Certificate. Another 43 have recently enrolled for the third Certificate Course. All of the second Certificate intake passed their final examination in December 2000 with some progressing on to the Diploma.

In October 2001, 10 students completed the Diploma and were awarded the Postgraduate Diploma in Psychiatric Pharmacy. These were:

- Stuart Gill-Banham
- Caroline Cahill
- Michaela Cox
- Ann Hyatt
- Ann Jones
- Katherine Jones
- Catherine Mortimer
- Jennifer Southern
- Helen Tennant
- Angela Tetersell

A further 15 students started the Aston Diploma in April 2001.

The next intake for the Diploma will be in April 2002 and the Certificate October 2002. This will be the last opportunity that candidates holding the De Montfort Certificate have of enrolling for the Aston Diploma.

The Psychiatry 1 and 2 courses ran during the year, each being highly successful and well received.

3e. UKPPG Bulletin – Lynn Haygarth

A bulletin board meeting was held in December 2000 (sponsored by Janssen-Cilag) and the decision made to retain the existing Bulletin format. Four editions of the Bulletin were produced with Valery Marston of Academic Publishing Services and this continues to run smoothly. Sponsorship was received during the year from AstraZeneca and Orion Pharma, with the remaining finance coming from UKPPG funds. Once again, conference and study day reports, UKPPG business, plans and committee issues filled most of the issues. Copy received by new writers Paul Hardy, Andrew Fuller and Ian Maidment has been well received. The key paper review section remains popular and a new venture this year has been to introduce profiles of different services. As ever, the Editor looks forward to receiving letters, copy and comments.

4. Annual Conference

The 26th annual (8th international) UKPPG conference took place at Wokefield Conference Centre, Berkshire from 5th-7th October 2001. There were 188 full delegates, 14 committee and CMHP members and 22 day delegates. This was the second year at the Wokefield venue. The accommodation and conference facilities were generally excellent and delegate feedback has been outstanding. Reports, abstracts and photographs have appeared on the website, as well as the UKPPG Bulletin and Pharmaceutical Journal.

5. College of Mental Health Pharmacists

Formal elections for Founding members of the College were held in January 2000. The five Founders met on three occasions between March and September and were assisted by Stephen Bazire and Celia Feetam. Some difficulties have been experienced in developing the accreditation process within the timescale allowed by the UKPPG mandate. This is largely because there is no similar model to follow and so the whole process has had to be designed

from first principles. A full programme of events was implemented which ensured that the accreditation process was fully functioning in 2001.

The first specialist was accredited in October 2001, Carol Paton (Bexley). Further viva's are scheduled throughout 2002. The aim is to accredit 25 pharmacists before disbanding the founders committee and electing a new committee of CMHP members. The college is well in advance of other specialities in establishing accreditation and our advice is being sought by other groups.

6. Awards during 2000-2001

UKPPG-AstraZeneca annual travel award

The annual UKPPG-AstraZeneca travel award has been made possible by the generosity of AstraZeneca and is administered by the UKPPG. The award is made annually for clinical or practice research carried out in psychiatric pharmacy.

2001 Award:

Salwar Morcos, Canterbury, for a descriptive study of discrepancies in prescribing between primary and secondary sectors of mental health service provision.

Previous winners:

2000 – Diane Harris, Derby

1999 - Shameem Mir, London

1998 - Brett Hill, Cardiff

Chairman's Lifetime Achievement award

This award was instituted by David Taylor in 1998. It is presented by the UKPPG Chairman at the Annual Conference to the person of his or her choice in recognition of significant contribution to psychiatric pharmacy, the only criterion being that it can not be presented to the previous Chairman of the UKPPG. The Chairman's Award trophy was designed and procured by Celia Feetam in 1998.

2001 Award:

Celia Feetam, Birmingham, presented by Stephen Bazire, for her work on the first UKPPG Constitution, being on the committee for last decade, extensive voluntary work for psychiatric service in Romania, running the Postgraduate Diploma

and Certificate for the last three years, plus Psychiatry 1 and 2 and technician courses and Conference organising, not to mention being a Vice Chairman for the last two years.

Previous awards:

2000: Lynn Haygarth, St. Luke's Hospital, Huddersfield, presented by Stephen Bazire

1999: Peter Pratt, Community Health, Sheffield, presented by David Taylor

1998: Dr. David Branford, Southern Derbyshire, presented by David Taylor

7. Pharmaceutical Industry support 2000-2001

The UKPPG wishes to record their gratitude for sponsorship and unrestricted educational grants from a number of members of the pharmaceutical industry:

- Committee meetings supported by Lundbeck, Pfizer and Lilly
- Telephone Helpline continued and future assured with support from AstraZeneca
- UKPPG-AstraZeneca travel award
- Conference significantly supported by unrestricted educational grants from Lilly Psychiatry, Lundbeck, AstraZeneca and Pfizer
- Psychiatry 1 and 2, supported with unrestricted educational grants and organisational support by Novartis/CPMS
- Bulletin issues supported by Orion Pharma and AstraZeneca
- Technician training day supported by AstraZeneca
- European Pharmacists in Psychiatry and Neurology supported by Lilly in November 2000.

Thanks also to John Dingle, Solicitor, and his staff, based in Birkenhead, Cheshire, for their generous assistance in developing an agreement for the production of the PALs on CD-ROM.

The up-to-date declarations of interest for the UKPPG, individual committee members and CMHP Founders can be found by on the UKPPG website (www.ukppg.org.uk/committee.html).

C • M • H • P

College of Mental Health Pharmacists



Prepared by Stephen Bazire on behalf of the UKPPG. 16.2.02