



United Kingdom Psychiatric Pharmacy Group Annual Report 2001-2002

(covering October 2001 to October 2002)

www.ukppg.org.uk

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1. Executive Committees (2001-2002)

1a. UKPPG committee (2001-2002)

Officers:

Chairman: Celia Feetam, 62, Park Hill, Moseley, Birmingham B13 8DT BE

Vice-Chairman: Graham Newton, Medicine Information Pharmacist, Mossley Hill Hospital, Park Avenue, Liverpool L18 8BU

Treasurer: Morag Martin, Principal Pharmacist, Gartnavel Royal Hospital, 1055 Great Western Road, Glasgow G12 0XH

Secretary: Wendy Davies, Pharmacy department, Whitchurch Hospital, Park Road, Whitchurch, Cardiff CF14 7XB

Members:

Graham Parton, Pharmacy, Blackberry Hill Hospital, Manor Road, Bristol BS16 2E

Juliet Shepherd, Pharmacy manager, Gloucestershire Royal Hospital, Great Western Road, Gloucester GL1 3NN

Lynn Haygarth, Mental Health Pharmacist, St. Luke's Hospital, Blackmoorfoot Road, Huddersfield HD4 5RQ (co-opted, Bulletin Editor)

Gill Hawksworth, Old Bank Chemist, 54, Old Bank Road, Mirfield, Yorkshire WF14 0JA (co-opted, Community)

Stephen Bazire, Pharmacy Services Director, Hellesdon Hospital, Norwich NR6 5BE

David Taylor (ex-officio member, as President of CMHP)

Conference Secretary:

Denny Humphries, 23, Danehurst Road, Wallasey L45 3JJ

Conference Organiser:

Celia Feetam.

1b. College of Mental Health

Pharmacists:

President: David Taylor, Chief Pharmacist, Maudsley Hospital, Denmark Hill, London SE5 8AZ

Registrar: Dr. David Branford, Director of Pharmacy, Southern Derbyshire Mental Health NHS Trust, Kingsway Hospital, Derby DE22 3LZ

Treasurer: Sylvia Otter, Pharmacy Clinical Services Manager, Leicester and Rutland

Healthcare NHS Trust, Towers Hospital, Leicester LE5 0TD

Secretary: Trudi Hilton

Public Relations: John Donoghue, 4, Wrenfield Grove, Liverpool L17 9QD

Ex-officio member: Celia Feetam as UKPPG Chairman

2. Aims and objectives of UKPPG:

2a. The aim of the UKPPG is:

To ensure best treatment with medicines for people with mental health needs.

2b. The UKPPG believes that:

- Appropriate drug therapy helps treat mental health problems, minimises relapse and reduces suicide
- Mental health pharmacists' aim is the safety of patients, by making sure that people who need drugs get them and take them at the optimum dose, and those that don't need drugs, don't get them
- All mental health service users should have the support of, and access to, independent education and advice about drugs, preferably from a specialist mental health pharmacist.

2c. The objectives of the UKPPG:

The UKPPGs has eleven key objectives. These are as follows, along with details of the activities, achievements and actions over the last year:

1. To promote the highest standards of pharmaceutical practice within the speciality of mental health and learning disabilities

Activities:

- First accredited member of the College of Mental Health Pharmacists
- Annual Conference in October
- Postgraduate Certificate and Diploma in Psychiatric Pharmacy from Aston University
- Psychiatry 1 and Psychiatry 2 weekend schools
- 5th Annual Therapeutics in Learning Disabilities Conference

2. To promote the role of specialist mental health pharmacists in

optimising treatment with medicines, through communication, mentorship, support and dissemination of good practice

- Launch of UKPPG PALs (Patient Advice Leaflets) on CD-ROM
- e-mail discussion group developed
- Mentorship scheme available
- Annual Conference
- Website developed with further examples of good practice

3. To lead, promote and encourage research into and development of treatments within mental health

- Record number of oral and poster sessions and awards at Annual Conference as an outlet for, and forum for recognition of, such research
- UKPPG-AstraZeneca Travel Award

4. To be the forum for all pharmacists with an interest in mental health

- Annual conference established at new venue
- E-mail discussion group for all members to share and support
- Development of website

5. To inform and guide the Royal Pharmaceutical Society of Great Britain about the pharmaceutical needs of patients with a mental health problem or learning disability

- "RPSGB Task Force in mental health" significant input and support from UKPPG members
- Publicity for UKPPG within RPSGB through increased Bulletin circulation
- RPSGB Vice-President invited Chairman at Annual Conference in October 2001

6. To encourage and promote specialist postgraduate and other education of pharmacists to facilitate improved practice

- Aston University Diploma in Psychiatric Therapeutics
- Aston Certificate in Psychiatric Therapeutics
- Annual conference

7. To develop the College of Mental Health Pharmacists as the

accreditation body for specialist mental health pharmacists.

- UKPPG funding for 2 years assured
- Full launch to members June 2001
- Action plan for 2001-2003
- First accredited member October 2001

8. To work in partnership with other groups, including users and carers, on matters relating to mental health practice

- UKPPG registered with NICE as stakeholder in new guidelines, with submission to atypical antipsychotic guidelines

9. To develop and monitor standards of pharmaceutical practice in mental health

- Postgraduate education
- Peer support
- Mentoring scheme

10. To promote the role of pharmacists in mental health care

- Publicity of UKPPG and members skills to RPSGB and other bodies

11. Ensuring a sound financial and organisational structure to support the above ten

- Business plan agreed February 2000
- Additional sponsorship for Conference
- Income from all sources optimised

3. Annual reports

3a. Chairman's report – Celia Feetam

It has been another interesting year and I thank all of my fellow committee members for their support and hard work throughout the year.

The newest member of the committee is Robert Goff from Leeds Prison who is also current chair of the Prison Pharmacists Association. Hopefully this will lead to greater communication between the two groups and I hope the prison pharmacists will draw on the support the UKPPG is able to offer.

The College, after a slow start, is now going from strength to strength and we will hear more about that later.

Earlier this year we decided to enter into an arrangement with a company which would provide us with a corporate address and communications forwarding service. This we hope will provide a degree of stability and maintain important links with relevant agencies. The current agreement is for an initial trial period of one year and will be reviewed in January.

Several projects have exercised our minds this year:

The patient information leaflets (PALs) have now been made available on CR-ROM. They are continually being developed, updated and the range expanded, although this represents an enormous workload. There is currently a vacant position in the group in this respect. Anyone interested in helping in this role, for which there is a small honorarium, should contact the committee. Graham Newton has taken the lead on this project with continued support from Stephen Bazire. Graham has also been responsible for the new laminated logos that adorn the stage and lectern this year.

Another new venture is the Pre-Registration Student Award – again led by Graham. This is intended to raise an awareness of mental health at an early stage in career development. The prizes for the best two projects are a year's membership of the UKPPG and a free place at Conference. Contact a committee member for more details or access the website.

NICE – various members have contributed to the NICE Guidance on the Use of Atypicals in Schizophrenia and the Schizophrenia Guidelines. Carol Paton is our lead on the Depression Guideline Group while Steve Bazire has taken on the New Treatments for Bipolar Disorder challenge. I am a member of the guideline group looking at drug treatments and pharmacological therapies for generalised anxiety disorder and panic. In addition we have registered as stake holders for all of the other NICE initiatives concerned with mental health.

Thanks to the input from Dave Branford and John Donoghue we, as a group, have formally commented on the New Mental Health Consultation Document and also responded to

the consultation process concerning independent specialist advocacy in England and Wales.

Other recent initiatives we have responded to include:

- The control and use of medicines in nursing homes
- Minimum care standards
- The extension of prescribing powers for pharmacists and nurses
- The National Suicide prevention strategy for England
- The working well programme from Mentality

Members of the committee also took part in the pH7 National Conference at Westminster.

With regard to training and education, the postgraduate courses continue to flourish with 56 on the Certificate and 20 undertaking the Diploma. Anyone wishing to continue on to a 1 year MSc following completion of the Diploma should contact Professor Peter Redfern at Bath University. Psychiatry-1, for pharmacists new to psychiatry, took place earlier in the year with thanks to Novartis and in particular Jackie Bisley, product manager for Clozaril. This course will be run again in November. Technician training has continued with a course run in Oxford by Wendy Davies and another to take place shortly in the North West, organised by Graham Newton.

Finally our thanks go to Lynn Haygarth for her untiring efforts in getting copy and producing the Bulletin on a quarterly basis, to Graham Parton for his support of the email discussion group and to Stephen Bazire in his role as webmaster. Without all of these vital aids to communication the group would not flourish in the way that it does.

Last, but by no means least I wish to acknowledge the enormous role played by Denny Humphries in her work with us throughout the year putting Conference together – and for being there on the Day!

It has been an extremely busy but rewarding year and it only remains for me now to thank the membership for their support and trust in permitting us to act on their behalf in working towards our ultimate goal – "Promoting better

pharmaceutical care for people with mental health needs”.

3b. Treasurers report – Morag Martin

2001-2002 proved again to be a successful year financially for the group with a bank balance of £104,000 at November 1st 2002

- Income from training days for pharmacists amounted to £7,516 with expenditure at £6269 giving a net profit of £1247. Both Novartis and Janssen Cilag are thanked for their continuing support of the training days. The profit and surplus funds were used to finance a series of Technician study days.
- Patient information leaflets, now on CD ROM, have proved very successful in bringing in income with a net profit of £11,735.
- Membership fees (with around 400 members) brought in £3960.
- The success of the above enabled the group to meet all requests for bursaries, 1 award for the Diploma and 6 awards for the Certificate in Psychiatric Pharmacy to the value of £2000.
- The development of the CMHP has been funded with a further £8,000.
- The funds have also been used to support the bulletin with £9780 with the remaining balance of £2000 being generously donated by Wyeth.
- On a trial basis to set up and run a head office for the group, £3864 has been paid to C3 Consultancy. This has now been discontinued.
- The Annual Conference 2002 at Wokefield Park has proved to be a success in financial terms and to date a substantial profit of £21,000 looks likely. Final figures will be reported in the Annual Accounts, which run from April to April. Again thanks are due to all the industry that exhibited, but particularly to our five main sponsors, AstraZeneca, Lundbeck, Eli Lilly, Pfizer and Sanofi-Synthelabo.

3c. Secretaries report – Wendy Davies

Nothing received.

3d. Education report – Celia Feetam

The Postgraduate Certificate and Diploma in Psychiatric Pharmacy offered by Aston University in Birmingham are now well established. Celia Feetam continues as Course Organiser, and Penny Delaney as Course Administrator.

3e. UKPPG Bulletin – Lynn Haygarth

Working as editor for the bulletin continues to be an interesting challenge. My thanks go to the members of the bulletin board (Stephen Bazire, Dr Dave Branford, Graham Parton, Morag Martin and Paul Hardy) and the members providing copy. The major effort goes into ensuring copy comes in time for the due date. Four editions came out during the year.

How does it work?

There is a forward planning worksheet. The Editor receives and edits copy (always late). This is forwarded to Valery Marston, of APS publishing, and structured into the agreed template. This is sent as a PDF file to the editor and three members of the bulletin board to proof read. Final copy is agreed by the editor and the publisher who then sends it to the printer with a set of up to date mailing labels. You then receive your bulletin in the post. I don't hear enough from the readership, and would be very pleased to receive more articles of interest, meeting reports and particularly service profiles. Sponsorship was not received in 2002 due to a change in the financial planning in the UKPPG. However I will be campaigning to receive industry sponsorship in the coming year. A well-attended bulletin board meeting was held in November and was sponsored by Janssen-Cilag. A survey of members readership of the Bulletin is planned in the coming year.

3f. UKPPG e-mail group – Graham Parton

The e-mail group, moderated by Graham Parton, now has nearly 300 members and is very active in supporting and networking pharmacists working in mental health. The service is provided free of charge through YahooGroups and is available to all members of the UKPPG.

4. Annual Conference

The 27th annual (9th international) UKPPG conference took place at Wokefield Conference Centre, Berkshire from 11th-13th October 2002. There were 176 full delegates, 15 committee and CMHP members and 31 day delegates. This was the third year at the Wokefield venue. The accommodation and conference facilities were generally excellent and delegate feedback has been outstanding. Reports, abstracts and photographs have appeared on the website, as well as the UKPPG Bulletin and Pharmaceutical Journal.

5. College of Mental Health Pharmacists

Nothing received.

6. Awards during 2001-2002

UKPPG-AstraZeneca annual travel award

The annual UKPPG-AstraZeneca travel award has been made possible by the generosity of AstraZeneca and is administered by the UKPPG. The award is made annually for clinical or practice research carried out in psychiatric pharmacy.

2002 Award:

Lynn Haygarth, Huddersfield for "Finding the best way to improve pharmaceutical care with limited resources."

Previous winners:

2001 - Salwar Morcos, Canterbury

2000 - Diane Harris, Derby

1999 - Shameem Mir, London

1998 - Brett Hill, Cardiff

Chairman's Lifetime Achievement award

This award was instituted by David Taylor in 1998. It is presented by the UKPPG Chairman at the Annual Conference to the person of his or her choice in recognition of significant contribution to psychiatric pharmacy, the only criterion being that it can not be presented to the previous Chairman of the UKPPG. The Chairman's Award trophy was designed and procured by Celia Feetam in 1998.

2002 Award:

Carol Paton, Bexley, presented by Celia Feetam, for her work over fifteen years, including many publications, helping set up and being the first CMHP member, Intensive Care Network and generally high profile for pharmacy.

Previous awards:

2001: Celia Feetam, Birmingham, presented by Stephen Bazire

2000: Lynn Haygarth, St. Luke's Hospital, Huddersfield, presented by Stephen Bazire

1999: Peter Pratt, Community Health, Sheffield, presented by David Taylor

1998: Dr. David Branford, Southern Derbyshire, presented by David Taylor

7. Pharmaceutical Industry support 2001-2002

The UKPPG wishes to record their gratitude for sponsorship and unrestricted educational grants from a number of members of the pharmaceutical industry:

- Committee meetings supported by Janssen-Cilag (twice), Sanofi, Organon and Novartis
- Telephone Helpline continued and future assured with support from AstraZeneca
- UKPPG-AstraZeneca travel award
- Conference significantly supported by unrestricted educational grants from Lilly Psychiatry, Lundbeck, AstraZeneca and Pfizer and Sanofi-Synthelabo
- Psychiatry 1 and 2, supported with unrestricted educational grants and organisational support by Novartis/CPMS
- Bulletin issues supported by Orion Pharma and AstraZeneca
- Technician training day supported by AstraZeneca

Thanks also to John Dingle, Solicitor, and his staff, based in Birkenhead, Cheshire, for their generous assistance in developing an agreement for the production of the PALs on CD-ROM.

The up-to-date declarations of interest for the UKPPG, individual committee members and CMHP Founders can be found by on the UKPPG website (www.ukppg.org.uk/committee.html).

C • M • H • P

College of Mental Health Pharmacists



Prepared by Stephen Bazire on behalf of the UKPPG. 14.2.03