



United Kingdom Psychiatric Pharmacy Group Annual Report 2002-2003

(covering October 2002 to October 2003)

www.ukppg.org.uk

Contents:

1. Executive
 - 1a. UKPPG committee
 - 1b. College of Mental Health Pharmacists Board
2. UKPPG Aims and Objectives
 - 2a. Aims
 - 2b. Statements
 - 2c. Objectives
3. Annual reports:
 - 3a. Chairman
 - 3b. Treasurer
 - 3c. Secretary
 - 3d. Education
 - 3e. UKPPG Bulletin
 - 3f. UKPPG e-mail group
4. Annual Conference
5. College of Mental Health Pharmacists
6. Awards
 - UKPPG/AstraZeneca annual travel award
 - Chairman's Lifetime Achievement award
7. Pharmaceutical Industry support

1. Executive Committees (2002-2003)

1a. UKPPG committee (2002-2003)

Officers:

Chairman: Celia Feetam, 62, Park Hill, Moseley, Birmingham B13 8DT

Vice-Chairman: Graham Newton, Medicine Information Pharmacist, Mossley Hill Hospital, Park Avenue, Liverpool L18 8BU

Treasurer: Morag Martin, Principal Pharmacist, Gartnavel Royal Hospital, 1055 Great Western Road, Glasgow G12 0XH

Secretary: Wendy Davies, Pharmacy Department, Whitchurch Hospital, Park Road, Whitchurch, Cardiff CF14 7XB

Members:

Graham Parton, Pharmacy, Blackberry Hill Hospital, Manor Road, Bristol BS16 2E

Juliet Shepherd, Pharmacy manager, Gloucestershire Royal Hospital, Great Western Road, Gloucester GL1 3NN

Lynn Haygarth, Mental Health Pharmacist, St. Luke's Hospital, Blackmoorfoot Road, Huddersfield HD4 5RQ (co-opted, Bulletin Editor)

Gill Hawksworth, Old Bank Chemist, 54, Old Bank Road, Mirfield, Yorkshire WF14 0JA (co-opted, Community)

Fiona Couper, Pharmacy, Wirral Hospital NHS Trust, Clatterbridge Hospital, Bebington, Wirral CH63 4JY

Ian Maidment, Pharmacy Services Manager, East Kent Community NHS Trust, Kent & Canterbury Hospital, Ethelbert Road, Canterbury, Kent CT1 3NG

Stephen Bazire, Pharmacy Services Director, Hellesdon Hospital, Norwich NR6 5BE

Robert Goff, HMP Leeds, Armley, Leeds LS12 2TJ (co-opted)

David Taylor (ex-officio member, as President of CMHP)

Conference Secretary:

Denny Humphries, 23, Danehurst Road, Wallasey L45 3JJ

Conference Organiser:

Celia Feetam.

1b. College of Mental Health

Pharmacists:

President: David Taylor, Chief Pharmacist, Maudsley Hospital, Denmark Hill, London SE5 8AZ

Registrar: Dr. David Branford, Director of Pharmacy, Southern Derbyshire Mental Health NHS Trust, Kingsway Hospital, Derby DE22 3LZ

Treasurer: Sylvia Otter, Pharmacy Clinical Services Manager, Leicester and Rutland Healthcare NHS Trust, Towers Hospital, Leicester LE5 0TD

Secretary: Trudi Hilton, WLMHT Trust Headquarters, Uxbridge Road, Southall, Middlesex UB1 3EU

Public Relations: John Donoghue, 4, Wrenfield Grove, Liverpool L17 9QD

Ex-officio member: Celia Feetam as UKPPG Chairman

2. Aims and objectives of UKPPG:

2a. The aim of the UKPPG is:

To ensure best treatment with medicines for people with mental health needs.

2b. The UKPPG believes that:

- Appropriate medication helps treat mental health problems, minimises relapse and reduces suicide
- Mental health pharmacists' aim is the safety of patients, by making sure that people who need medication get them and take them at the optimum dose, and those that don't need medication, don't get them
- All mental health service users should have the support of, and access to, independent education and advice about medication, preferably from a specialist mental health pharmacist.

2c. The objectives of the UKPPG:

The UKPPG has eleven key objectives. These are as follows, along with details of the activities, achievements and actions over the last year:

1. To promote the highest standards of pharmaceutical practice within the speciality of mental health and learning disabilities

Activities:

- Further accredited members of the College of Mental Health Pharmacists
- Annual Conference in October
- Postgraduate Certificate and Diploma in Psychiatric Pharmacy from Aston University
- Psychiatry 1 and Psychiatry 2 weekend schools

2. To promote the role of specialist mental health pharmacists in optimising treatment with medicines, through communication, mentorship, support and dissemination of good practice

- Sale of UKPPG PALs (Patient Advice Leaflets) on CD-ROM
- e-mail discussion group expanded
- Mentorship scheme available
- Annual Conference
- Website developed with further examples of good practice and new search facility

3. To lead, promote and encourage research into and development of treatments within mental health

- Large number of oral and poster sessions and awards at Annual Conference as an outlet for, and forum for recognition of, such research
- UKPPG-AstraZeneca Travel Award

4. To be the forum for all pharmacists with an interest in mental health

- Annual conference fully established and developed, with more satellite sessions
- E-mail discussion group for all members to share and support
- Development of website

5. To inform and guide the Royal Pharmaceutical Society of Great

Britain about the pharmaceutical needs of patients with a mental health problem or learning disability

6. To encourage and promote specialist postgraduate and other education of pharmacists to facilitate improved practice

- Aston University Diploma in Psychiatric Therapeutics
- Aston Certificate in Psychiatric Therapeutics
- Annual conference

7. To develop the College of Mental Health Pharmacists as the accreditation body for specialist mental health pharmacists.

- UKPPG funding for 2 years assured

8. To work in partnership with other groups, including users and carers, on matters relating to mental health practice

- UKPPG registered with NICE as stakeholder for all new guidelines and appraisals concerning mental health and psychotropics, with submission to atypical antipsychotic guidelines
- Three UKPPG members (Celia Feetam, Carol Paton and Peter Pratt) members of guideline development groups

9. To develop and monitor standards of pharmaceutical practice in mental health

- Postgraduate education
- Peer support
- Mentoring scheme

10. To promote the role of pharmacists in mental health care

- Publicity of UKPPG and members skills to RPSGB and other bodies

11. Ensuring a sound financial and organisational structure to support the above ten

- Income from all sources optimised

3. Annual reports

3a. Chairman's report – Celia Feetam

Again an interesting year with both successes and failures. Once again the support and hard work of all members of the committee has been fantastic.

- The arrangement that C3 would provide us with a "head office" and administration support proved to be unworkable and was terminated by mutual consent earlier in the year.
- We have not yet produced the "standards of practice" document as we feel it is more something that the CMHP should be involved with so it will be handed over to them at the earliest opportunity.
- So far we have failed to recruit any serious help with editing and producing PALS.
- We have continued to support and work with the Mental Health Technicians Network. They held their first study day in Birmingham
- We made contact with NIMHE with the result that Prof. Sheehan chaired the Sunday session at this year's conference and he has promised to support the UKPPG help-line and may well assist with the translation of PALS. Thanks go to Graham Newton and others for producing the position statement on Supplementary Prescribing which has turned out to be a very creditable publication that has had wide distribution
- All postgraduate education and training has been successful and thanks go to Novartis for their continued support of Psych 1 and 2 and a possible new course Psych 3 in 2004.
- Graham Newton is also to be congratulated on setting up the pre-registration bursary award – the first winner and runner up of which were present at Conference

None of any of this would have been possible without the support of the membership, a very dedicated committee and the tireless patience, diplomacy and professionalism of Denny Humphries who acts as our conference administrator.

3b. Treasurers report – Morag Martin

2002-2003 proved again to be a successful year financially for the group with a bank balance of £106,000 at November 1st 2003

- Income from training days amounted to £17,665 with expenditure at £11,256 giving a net profit of £6409. Novartis, AstraZeneca and Janssen-Cilag are thanked for their continuing support to pharmacist and technician training days.
- Patient information leaflets, on CD ROM, have proved very successful in bringing in income with a net profit of £10,323.
- Membership fees (with over 400 members) brought in £5370, the increase reflecting the £20 enrolment fee for new members
- The success of the above enabled the group again to meet all requests for bursaries, 1 award for the Diploma and 2 awards for the Certificate in Psychiatric Pharmacy were paid to the value of £1000.
- The development of the CMHP has been funded with a further £8,000.
- The funds have also been used to support the bulletin with £9339.
- A joint position statement between UKPPG and CMHP on Specialist Pharmacist Supplementary Prescribing in Mental Health and LD was produced and distributed at a cost of just over £6000
- The Annual Conference 2003 at Wokefield Park has proved again to be a success in financial terms and to date a substantial profit of over £20,000 looks likely. Final figures will be reported in the Annual Accounts, which run from April to April. Again thanks are due to all the industry that exhibited, but particularly to our six main sponsors; AstraZeneca, BMS, Lundbeck, Janssen-Cilag, Eli Lilly, and Sanofi-Synthelabo.

3c. Secretaries report – Wendy Davies

Nothing submitted.

3d. Education report – Celia Feetam

The Postgraduate Certificate and Diploma in Psychiatric Pharmacy offered by Aston University in Birmingham are now well established. Celia Feetam continues as Course

Organiser, and Penny Delaney as Course Administrator.

Between October 2002 and October 2003:

- 54 students gained the Postgraduate Certificate in Psychiatric Pharmacy, of whom 13 were awarded the Certificate with distinction.
- 11 students gained the Postgraduate Diploma in Psychiatric Pharmacy, of whom 2 were awarded this with distinction

Dr Sheila Handley is to retire in December 2003. As course leader she has provided invaluable support for the past five years and although her continued presence will be missed she plans to continue as an author and assessor on the Certificate Programme.

3e. UKPPG Bulletin – Lynn Haygarth

Major changes are planned for the Bulletin in the coming year to ensure UKPPG members have access to timely information whilst ensuring high quality clinical and practice papers have an appropriate medium for publication.

3f. UKPPG e-mail group – Graham Parton

It has been an active year with members of the UKPPG supporting each other through experience in medicines use, responding to clinical queries and sharing documents through the medium of email. Messages are either read on the website or forwarded singly or as a daily digest to the UKPPG members' email address of choice.

The email group can be a useful tool to obtain help and advice when other resources are unable to respond and has the ability to support the "lone rangers" of psychiatric pharmacy who may be working with poor or non-existent peer support and networking.

Many discussion "threads" have taken place over the year including supplementary prescribing, new medicines in psychiatry, the latest research and UKPPG activities. It also serves as a free and informal medium to advertise vacant posts!

A recent audit of subscribers has taken place and a significant number of email subscribers have let their UKPPG membership lapse and have therefore been unsubscribed from the email group. The UKPPG Committee is keen to ensure that only members of the UKPPG and selected guests are able to access this resource.

4. Annual Conference

The 28th annual (10th international) UKPPG conference took place at Wokefield Conference Centre, Berkshire from 3rd-5th October 2003. There were 200 full delegates, 15 committee and CMHP members and 27 day delegates. This was the fourth year at the Wokefield venue. The accommodation and conference facilities were generally excellent and delegate feedback has been outstanding. Reports, abstracts and photographs have appeared on the website.

5. College of Mental Health Pharmacists

The number of College members rose to twenty by October 2003, with two further candidates submitting portfolios and awaiting examination. It is anticipated that membership will reach the threshold of 25 by mid 2004 at the latest. In anticipation of the changes this will inevitably bring about, four members have been co-opted to the Founders' committee (now known as CMHP Council). These members are Jane Riley, Kathryn Aveyard, Stuart Gill-Banham and Catherine Mortimer. Both Dave Branford and Sylvia Otter have stood down – their contribution being gratefully acknowledged.

6. Awards during 2002-2003

UKPPG-AstraZeneca annual travel award

The annual UKPPG-AstraZeneca travel award has been made possible by the generosity of AstraZeneca and is administered by the UKPPG. The award is made annually for clinical or practice research carried out in psychiatric pharmacy but there was no award this year.

Previous winners:

2002 - Lynn Haygarth, Huddersfield
2001 - Salwar Morcos, Canterbury
2000 – Diane Harris, Derby
1999 - Shameem Mir, London
1998 - Brett Hill, Cardiff

Chairman's Lifetime Achievement award

This award was instituted by David Taylor in 1998. It is presented by the UKPPG Chairman at the Annual Conference to the person of his or her choice in recognition of significant contribution to psychiatric pharmacy, the only criterion being that it can not be presented to the previous Chairman of the UKPPG. The Chairman's Award trophy was designed and procured by Celia Feetam in 1998.

2003 Award:

Dr. David Taylor (Maudsley), presented by Celia Feetam, for his work as former Chairman, getting a research base established and being the chief editor of the Maudsley Guidelines.

Previous awards:

2002: Carol Paton, Bexley, presented by Celia Feetam
2001: Celia Feetam, Birmingham, presented by Stephen Bazire
2000: Lynn Haygarth, Huddersfield, presented by Stephen Bazire
1999: Peter Pratt, Community Health, Sheffield, presented by David Taylor

1998: Dr. David Branford, Southern Derbyshire, presented by David Taylor

7. Pharmaceutical Industry support 2002-2003

The UKPPG wishes to record their gratitude for sponsorship and unrestricted educational grants from a number of members of the pharmaceutical industry:

- Committee meetings supported by Lilly, Janssen-Cilag, BMS and Wokefield Park
- UKPPG-AstraZeneca travel award
- Conference significantly supported by unrestricted educational grants from Lilly Psychiatry, Lundbeck, AstraZeneca, Bristol-Myers Squibb/Otsuka, Janssen-Cilag Ltd and Sanofi-Synthelabo
- Psychiatry 1 and 2, supported with unrestricted educational grants and organisational support by Novartis/CPMS

Thanks also to John Dingle, Solicitor, and his staff, based in Birkenhead, Cheshire, for their generous assistance in developing an agreement for the production of the PALs on CD-ROM.

The up-to-date declarations of interest for the UKPPG, individual committee members and CMHP Founders can be found by on the UKPPG website (www.ukppg.org.uk/committee.html).

C • M • H • P

College of Mental Health Pharmacists



Prepared by Stephen Bazire on behalf of the UKPPG. 14.2.04