

THE FRITH PRESCRIBING GUIDELINES

FOR ADULTS
WITH INTELLECTUAL
DISABILITY

Edited by
Sabyasachi Bhaumik and David Branford

Mon Tue Wed Thu Fri Sat Sun

People with intellectual disabilities (ID) have a diversity of life-long conditions associated with a significant developmental intellectual impairment (IQ <70) and deficits in social functioning. They include those with Down syndrome and many with cerebral palsy and autistic spectrum disorders. People with ID have high levels of mental and physical health problems. About 50% of adults with ID have a major psychiatric or behaviour problem and 25% have active epilepsy. In this population, both the diagnosis and treatment of these common problems may need a different approach from that in the general population.

These guidelines were conceived by clinicians working in intellectual disability services and developed within the Leicestershire Partnership NHS Trust. They are based on both evidence and expert opinion to provide a consensus approach to prescribing as part of a holistic package of care.

The second edition of this practical handbook, in addition to providing numerous tables and treatment algorithms, provides new chapters on areas relevant to ID. It will be an invaluable resource for psychiatrists, psychiatric nurses and general practitioners who treat adults with ID.

New chapters include:

- epilepsy syndromes
- sleep
- behavioural problems associated with menstruation
- sexual disorders
- substance misuse.

Revised chapters include:

- Aggression
- Autistic spectrum disorders
- Attention deficit hyperactivity disorder (ADHD)
- anxiety disorders
- schizophrenia
- personality disorders
- epilepsy
- elderly care.

About the editors:

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